

MOUNTAIN BIKE

OUR VALLIES

Panoramic tours in the countryside of Pietra Ligure – Borgio Verezzi

Distance: about 40 km – Height difference: 900 m. – Difficulty level: average.



The tour starts from **Borgio**, heads for Loano and climbs towards **Verzi** and **Ranzi** where we reach the repeater through nice and scenic single tracks overlooking the sea and the mountains. From the Valley of Carmo the tour points to Maremola Valley and reaches the village of Tovo San Giacomo, where there is the possibility to visit the Clock Museum. From here we follow the iron road (**Via del Ferro**) an ancient road used between 1730 and 1860 to bring the iron extracted in the island of Elba from Pietra Ligure to the the ironworks of **Isallo**. The track is quite technical but can be covered by bike and in Isallo we stop for a snack. The tour directs to the **Madonna della Guardia** and down to to Pantaleo, where we ride on beautiful gravel roads to reach Olle and finally Verezzi that is worth a visit. Riding through a magnificent itinerary through Bottasana we will end the tour in Borgio Verezzi.

Rental is possible in the shop *Emporio dello Sport* upon reservation (mountain bikes/ e-mtb/ fat bike + helmet).

MOUNTAIN BIKE

THE TOUR OF THE BEECH FOREST

Discovering the centuries-old trees

Distance: about 55 km – Height difference: 1.500 m. – Difficulty level: average-high



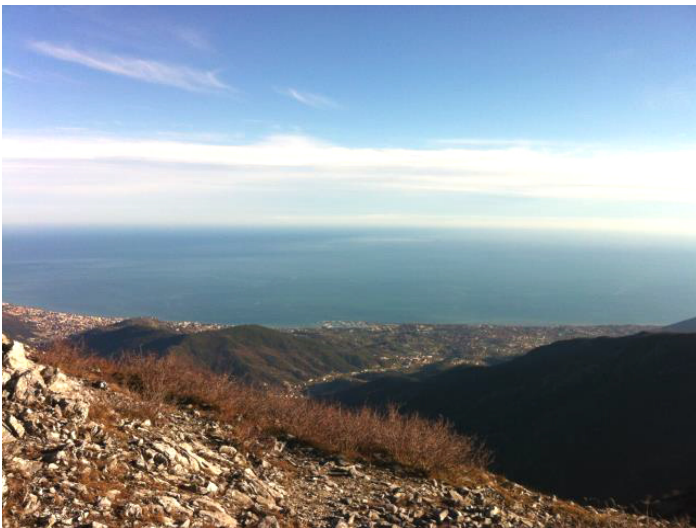
We leave from Pietra Ligure and head for Giustenice, where we start to climb the Mt.Carmo (1380 meters) and then we ride across a beautiful beech forest to reach the Melogno fort, built in 1883-1895 by the Royal Italian army to defend the access to the pass. We can stop for a quick snack for the Baita del Melogno before riding towards the Colla di San Giacomo . From here we proceed to visit the forest of Benevento, a group of five beech trees, remarkable for their size and majesty. The largest, which is the one closest to the road, is 200 years old, 34 meters high and it has a circumference close to 9 m. The beeches are named after the nearby Casa Benevento (whose ruins are at short distance). After a brief descent we climb to the plateau of Le Manie and then we descend to the Roman bridges. The first one is remarkable and it's called the Fairies bridge ("Ponte delle Fate) after the name of the nearby homonymous cave which is practically intact. The third and the fourth bridges are well preserved too. They are called respectively "Ponte delle Voze" and "Ponte dell'Acqua ". The second bridge "Ponte Sordo ", is unfortunately only partially preserved as only the access ramp is still visible.

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MOUNTAIN BIKE

PIAN DELLE BOSSE AND THE MUSEUM OF THE BELL TOWER CLOCK

Distance: about 60 km – Height difference: 1.500 m. – Difficulty level: average-high



From Pietra Ligure we ride up towards Ranzi and Castagnabanca (Verzi di Loano) and then we climb to the Pian delle Bosse mountain shelter (841 mt). We may stop here to have lunch while enjoying an astounding panorama.

When we leave the shelter we ride down a quite technical track to the Saddle of Giustenice and reach the village of Tovo San Giacomo, where it is possible to visit the museum of the bell tower clock (which is unique in Italy). From Tovo San Giacomo we continue our ride to Bardino and we reach Boggio Verezzi through the Rio Bottassano.

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